

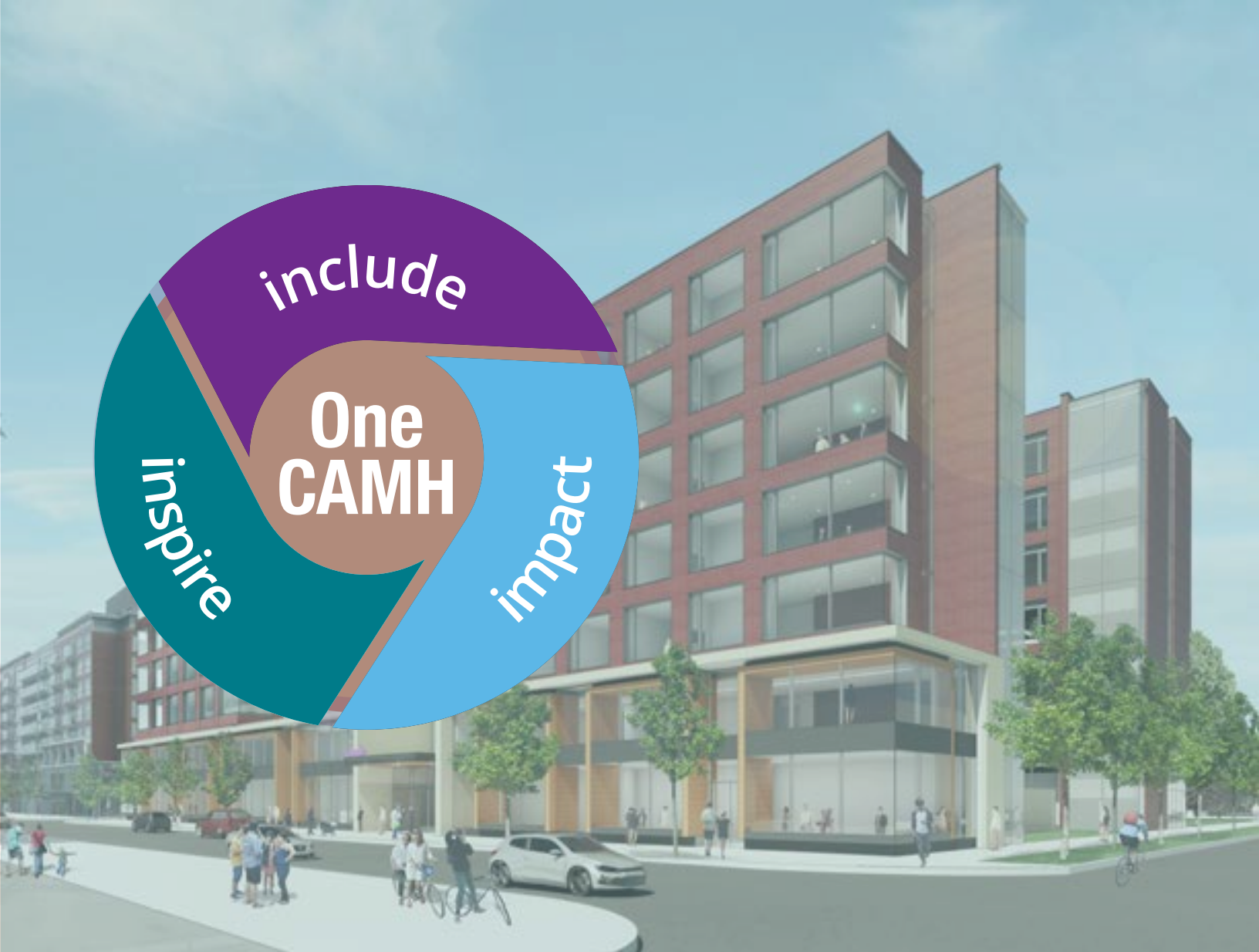


# Education at CAMH

2022–2023 Achievements



camh



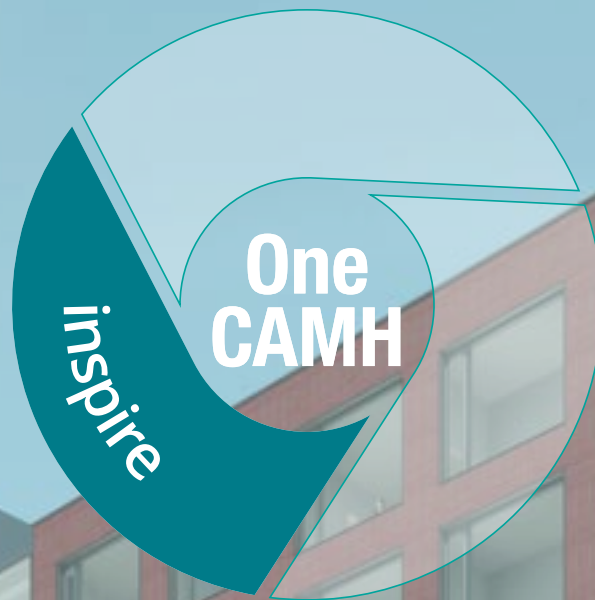
Education at CAMH continues to develop high-quality educational products and services based on evidence, evaluation and research in support of the One CAMH 2020–2023 strategic plan.

Education is an integral part of the transformative work we do at CAMH. Through our innovative education programs, we advance knowledge mobilization, improve care, reduce stigma, prepare the next generation of mental health care providers and support system transformation in mental health and addiction care.

We continue to collaborate with teams across CAMH to share, consolidate and integrate our work. These partners include the Business Development Office; Clinical Informatics; Extension for Community

Healthcare Outcomes; the Empowerment Council; the Enterprise Project Management Office; Health Equity; the INTREPID Lab (formerly the Nicotine Dependence Service); People and Experience; Organizational Development; Patient and Family Engagement; Professional Practice; Shkaabe Makwa; and the Slight Family Centre for Youth in Transition.

This report highlights key work we accomplished together in 2022–2023.



## Inspire

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**We will invest in people and infrastructure today to build a better tomorrow with patients, families and communities.**

**We will make life-changing discoveries at the intersections of care, research, education and technology.**

**We will mobilize the growing movement of mental health advocates.**



## **TIDES (Trauma-Informed De-escalation and Education for Safety and Self-Protection)**

- 3,900 staff completed training (1,383 received simulation-based learning). [More information here](#)
- The Health Standards Organization has recognized TIDES as a Leading Practice in 2023. [More information here](#)



## **Simulation-based virtual reality training to promote patient safety and quality care**

- The CAMH Simulation Centre delivers a learning experience to help health care providers and the public identify an opioid overdose and administer life-saving treatment. 44 learners tested the new Virtual Reality Opioid Response Training, and 93% of learners were satisfied or very satisfied with it. One learner described the experience as “really immersive and conducive to learning.”

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**“It was interactive and allowed me to make mistakes and provided points of improvement. I can leave this experience knowing what signs to look for in a patient overdosing and how to communicate with them after naloxone administration.”**

— Participant, virtual reality training

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## **Early Psychosis Intervention: Spreading Evidence-Based Treatment (EPI-SET/NAVIGATE) to support young people experiencing psychosis and bipolar disorder**

- Through continuing collaboration with the Slight Family Centre for Youth in Transition, 121 staff and patients across Ontario have used the new Individual Resiliency Training online resource that supports adolescents and young adults who experience psychosis. [More information here](#)



## **CAMH Library**

- 21 unique courses that teach search skills were delivered to 332 learners; 12 research orientation sessions were attended by approximately 200 learners.
- Librarians partnered with nine Extension for Community Healthcare Outcomes (ECHO) programs to research and present on 270 topics in order to help health care providers across Ontario deliver high-quality, evidence-based mental health and addiction care.

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**“I had an opportunity to review your book recommendations for Black History Month / Mental Health Week, and I am incredibly pleased. It is clear that time and effort went into compiling the list you shared. Also, nice spotlight on these historically Black-owned bookstores.”**

— Patron, CAMH Library

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## **Include**

**We will ensure easy access in person and digitally.**

**We will place diversity, equity and inclusion at the centre of our work.**

**We will partner authentically, within CAMH and across our communities.**



## Collaborative Learning College (CLC)

- In collaboration with people with lived experience, the CLC continued its scale-up by offering 72 courses. There were 1,215 course enrollments from 453 participants; in 678 of the enrollments, the participant attended at least one session of the course. [More information here](#)

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**“ The CLC has been an amazing resource in my healing journey. I’ve learned more about implementing a wide variety of healing modalities in 4 months than I have in 40 years of Western medicine’s attempts. ”**

— Participant, CLC

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## RBC Patient and Family Learning Space

- This interactive hub, where patients, families and the community can access reliable information about mental health, substance use and recovery, offered 61 webinars and events, with 2,261 attendees. [More information here](#)



## Health Equity and Fair & Just CAMH

- The Health Equity and Inclusion (HEI) Framework for Education and Training was expanded, with input from clinicians, educators, people with lived experience and system leaders in Canada and the United States. The framework integrates an equity lens into planning, developing and delivering education and training.
- The Health Standards Organization recognized the HEI Framework as a Leading Practice in 2023. Several organizations have adopted the framework: the University of Toronto, hospitals affiliated with the Toronto Academic Health Science Network, the Centre for Quality Improvement and Patient Safety, and the Fédération des médecins spécialistes du Québec. [More information here](#)



## Leveraging technology and social media

- Quick Takes, a podcast for physicians, released eight new episodes, with 2,450 downloads.
- There were 16,480 downloads of Quick Takes podcasts from previous years.



### Student rotations from academic institutions

- There were 1,854 graduate and undergraduate student placements from various colleges and universities.
- 93% of students reported satisfaction from the placement and 93% also recommended placement to their fellow students.



### Shkaabe Makwa training and professional development

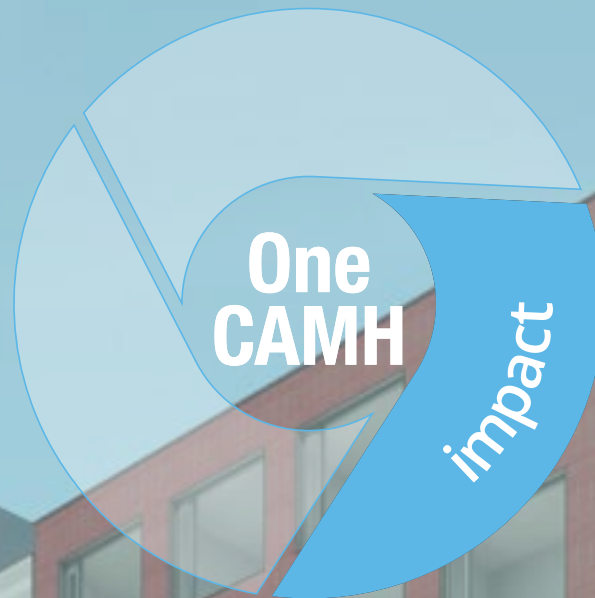
- 2,182 Indigenous health service professionals, educators, Elders and knowledge keepers participated in training on topics related to mental health, harm reduction and self-care to support First Nations, Inuit and Métis communities. [More information here](#)

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***“ Any Indigenous training that we can take will help our people. We need to share stories and keep our tradition for our youth to pass on. ”***

— Participant, Shkaabe Makwa training

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## Impact

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We will move the dial on patient-centred health outcomes.

We will design the future as a partner and leader in system transformation.

We will collaborate for scale and spread of innovations to advance systems of care and to sustain positive change that is local and global.





### Continuing professional development (CPD)

- 3,393 health care professionals attended CPD courses to build their capacity to deliver mental health and addiction services. [More information here](#)

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**“ Working as a learning facilitator in the post-secondary education sector, I have noticed an increase in student supports around mental health; I think the information provided in this course will allow me to navigate and support micro-interactions with my students who are struggling with their mental health and help refer them to community supports which can be beneficial to their overall well-being. ”**

— Participant, CPD course

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### Customer Service and De-escalation Training (CSDT)

- 1,159 participants from 22 organizations received training on mental health awareness, stigma reduction and customer service de-escalation. [More information here](#)

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**“ This was by far the best training I have been involved in in a very long time and throughout multiple businesses that I have been with. It was a great training session with knowledgeable facilitators and a friendly and open environment. ”**

— Participant, CSDT

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### Extension for Community Healthcare Outcomes (ECHO)

- 2,740 health care professionals participated in interactive virtual education to build their capacity to support evidence-based mental health and addiction care in their communities. [More information here](#)

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**“ My first ECHO experience was beyond expectation. The presenters and resource team provided honesty and transparency while leading crucial discussions relevant to our work. ECHO provided a meaningful reminder of the role of crisis work and how distress lines function as part of a greater mental health community! ”**

— Participant, ECHO virtual education

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### Training Enhancement in Applied Counselling and Health (TEACH)

- 362 health care professionals received training (13 courses offered) to enhance their treatment capacity for tobacco cessation and health interventions that support patients. [More information here](#)

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**“ This course was great, the information provided was very insightful. I realize that there is more information revolving around the use of e-cigarettes. If there was a second part to this course I would be very interested and I would want to participate. ”**

— Participant, TEACH

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### Leadership development and workplace mental health and wellness promotion

- 1,008 CAMH leaders joined leadership development workshops; 343 CAMH staff participated in developing unit-specific team charters; 2,547 leaders and employees from external organizations completed workshops on workplace mental health and wellness. [More information here](#)

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**“ CAMH training has been extremely instructive to me both personally and professionally. The workshops have helped me understand how to better approach the challenges I face as a legal professional. ”**

— Participant, Managing Mental Health in the Workplace for Leaders

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## Education at CAMH by the numbers

Peer-reviewed academic publications, grants and awards

**64** peer-reviewed publications  
**18** new grants totalling **\$3.4** million  
**17** awards

**223** library searches (**2,300 hours**) to support and facilitate research, publications (with librarians as co-authors) and clinical practice

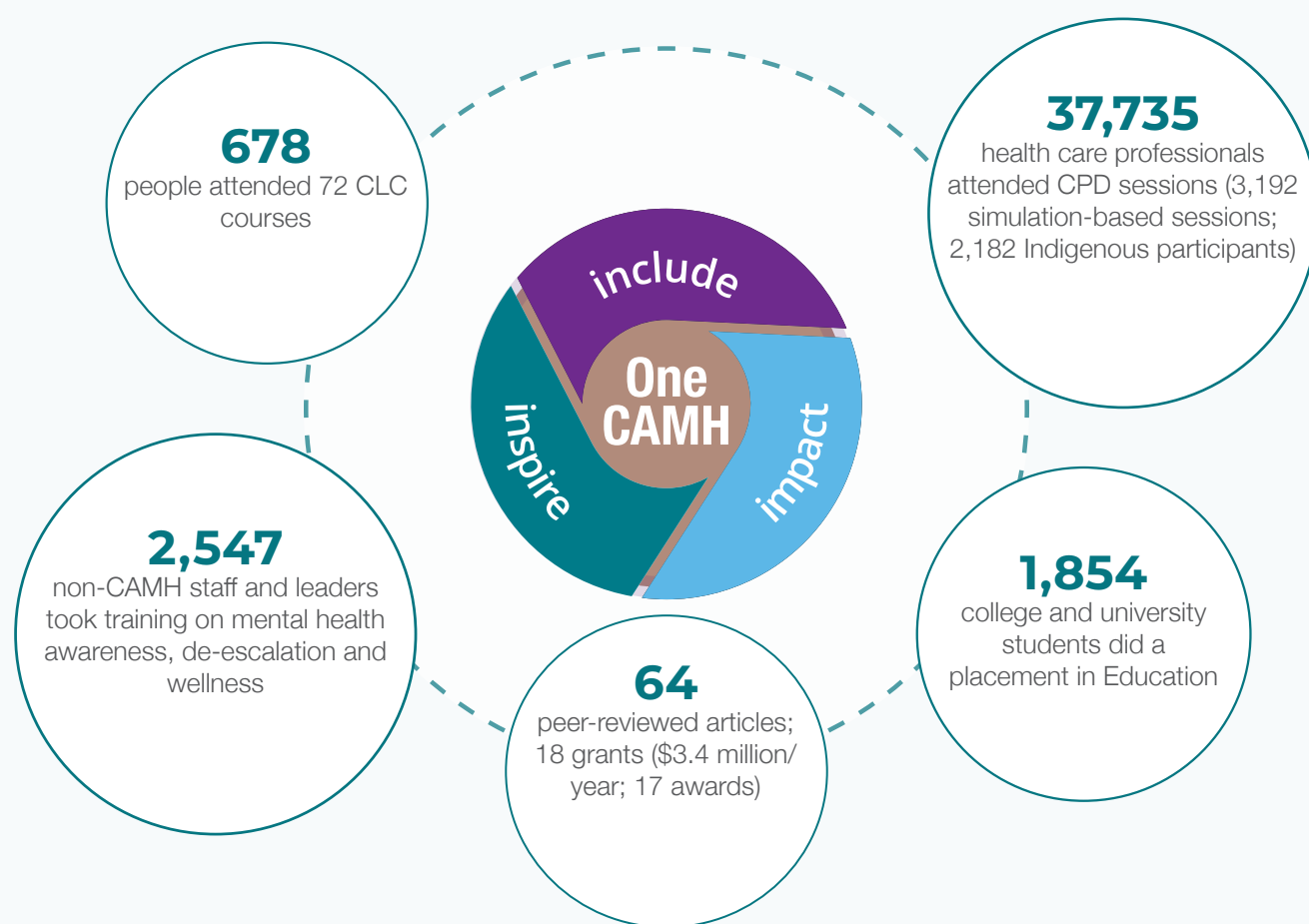
**1,032** accounts and **22** courses created in CAMPUS

Interdepartmental support services

Program evaluation

**75** pre-/post-evaluations to support internal and external programs, including evaluation support to the Ontario Association of Social Workers

## Key achievements of 2022–2023



## Four-year comparison of key statistics

Number of ...	2019–20	2020–21	2021–22	2022–23
CPD learners*	11,224	13,853	34,379	37,735
Simulation-based learners*	529	1,273	1,808	3,192
Student placements	1,297	1,068	1,558	1,926
CLC courses/sessions	3	15	85	72
Publications and grants	31 peer-reviewed articles; 8 grants	53 peer-reviewed articles; 25 grants (\$1.74 million/year); 18 awards	55 peer-reviewed articles; 15 grants (\$2.31 million/year); 16 awards	64 peer-reviewed articles; 18 grants (\$3.4 million/year); 17 awards

\* Learners are not unique and may have been counted multiple times based on their attendance in various courses.